

**MEDICAL MONITORING FORM ON FOLLOWING PAGES**

**PRINT ON TWO SIDES OF ONE PAGE**



**Consult with medical command and consider transport to medical facility for any of the following**

Oral temperature greater than 102°F (38.9°C).  
Oral temperature greater than 101°F (38.3°C) if other symptoms present.  
Irregular pulse  
Resting pulse greater than 120 after rehab.  
Systolic BP > 200 after rehab  
Diastolic pressure > 130 anytime  
Any signs of dyspnea  
Any signs of mental status change

**Firefighter may return to the incident if appropriate rehydration has occurred and the following vital sign criteria are met.**

Heart rate < 100  
Systolic BP between 100 and 160  
Diastolic BP < 90  
Oral temperature < 98.6°F (37.0°C)  
No clinical symptoms of exertional heat illness

*Any firefighter with a core temperature greater than 103°F (39.4°C) should immediately receive 1 – 2 liters of 0.9 NS IV and be transported to the emergency department. Consider cold water immersion followed by rapid transport and intravenous fluids for any technician with a core temperature over 104°F (40°C). Confirm this temperature rectally if possible*

DOCUMENT NARRATIVE FINDINGS BELOW: