

MEDICAL MONITORING FORM ON FOLLOWING PAGES

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MEDICAL MONITORING FORM – PRE ENTRY ASSESSMENT

1) Date: _____ Technician Name: _____

2) Assignment: _____ PPE worn: _____

3) Age: _____ Gender: _____

4) Medications and OTC started since last physical: None List: _____

5) Illness in prior 72 hours: None List: _____

6) Alcohol in prior 24 hours: None List: _____

Note: Any answer other than “None” for lines 4, 5, 6 requires on scene physician or medic command clearance prior to donning PPE

7) Pulse: _____ [deny entry of greater than 70% of age predicted max: $(220 - \text{age}) * 0.7$]

8) Blood pressure: _____ [deny entry if diastolic BP > 105]

9) Respiratory rate: _____ [deny entry if greater than 24/min]

10) Temperature (oral): _____ [deny entry if greater than 99.5°F]

11) Alert and oriented, normal gait, clear speech? Yes No [deny entry if No]

12) Skin eval and history: No findings List: _____ [physician screen if any found]

13) Weight: _____ lb _____ kg (lb/2.2) [weigh in pants with empty pockets, shirt, socks]

14) Provide prehydration Yes

15) Narrative findings for pre or post entry assessment (refer to line number when appropriate):

MEDICAL MONITORING - POST ENTRY ASSESSMENT

Time entering rehab: _____

Weight: _____ lb _____ kg (lb/2.2) [weigh in pants with empty pockets, shirt, socks]

Fluids lost [Pre entry (kg) – Post entry (kg) + 1] * 1000 _____ mL

Time	HR	BP	RR	Temp (oral)	Oral fluid consumed (ml)	IV fluids provided (ml)

Contact medical command and consider transport to medical facility for any of the following

- Oral temperature greater than 102°F (38.9°C).
- Oral temperature greater than 101°F (38.3°C) if other symptoms present.
- Irregular pulse
- Resting pulse greater than 120.
- Systolic BP > 200 after rehab
- Diastolic pressure > 130 anytime
- Any signs of dyspnea
- Any signs of mental status change

Technician may return to the incident if appropriate rehydration has occurred and the following vital sign criteria are met.

- Heart rate < 100
- Systolic BP between 100 and 160
- Diastolic BP < 90
- Oral temperature < 98.6°F (37.0°C)

Any technician with an estimated core temperature greater than 103°F (39.4°C) with signs or symptoms of heat illness should immediately receive 1 – 2 liters of 0.9 NS IV and be transported to the emergency department. Consider cold water immersion followed by rapid transport and intravenous fluids for any technician with a core temperature over 104°F (40°C). Confirm this temperature rectally if possible