

**MEDICAL MONITORING FORM ON FOLLOWING PAGES**

**PRINT ON TWO SIDES OF ONE PAGE**

MEDICAL MONITORING FORM – PRE ENTRY ASSESSMENT

1) Date: \_\_\_\_\_ Technician Name: \_\_\_\_\_

2) Assignment: \_\_\_\_\_ PPE worn: \_\_\_\_\_

3) Age: \_\_\_\_\_ Gender: \_\_\_\_\_

4) Medications and OTC started since last physical: None  List: \_\_\_\_\_

5) Illness in prior 72 hours: None  List: \_\_\_\_\_

6) Alcohol in prior 24 hours: None  List: \_\_\_\_\_

**Note: Any answer other than “None” for lines 4, 5, 6 requires on scene physician or medic command clearance prior to donning PPE**

7) Pulse: \_\_\_\_\_ [deny entry of greater than 70% of age predicted max:  $(220 - \text{age}) * 0.7$ ]

8) Blood pressure: \_\_\_\_\_ [deny entry if diastolic BP > 105]

9) Respiratory rate: \_\_\_\_\_ [deny entry if greater than 24/min]

10) Temperature (oral): \_\_\_\_\_ [deny entry if greater than 99.5°F]

11) Alert and oriented, normal gait, clear speech? Yes  No  [deny entry if No]

12) Skin eval and history: No findings  List: \_\_\_\_\_ [physician screen if any found]

13) Weight: \_\_\_\_\_ lb \_\_\_\_\_ kg (lb/2.2) [weigh in pants with empty pockets, shirt, socks]

14) Provide prehydration Yes

15) Narrative findings for pre or post entry assessment (refer to line number when appropriate):

MEDICAL MONITORING - POST ENTRY ASSESSMENT

Time entering rehab: \_\_\_\_\_

Weight: \_\_\_\_\_ lb \_\_\_\_\_ kg (lb/2.2) [weigh in pants with empty pockets, shirt, socks]

Fluids lost [Pre entry (kg) – Post entry (kg) + 1] \* 1000 \_\_\_\_\_ mL

Time	HR	BP	RR	Temp (oral)	Oral fluid consumed (ml)	IV fluids provided (ml)

**Contact medical command and consider transport to medical facility for any of the following**

- Oral temperature greater than 102°F (38.9°C).
- Oral temperature greater than 101°F (38.3°C) if other symptoms present.
- Irregular pulse
- Resting pulse greater than 120.
- Systolic BP > 200 after rehab
- Diastolic pressure > 130 anytime
- Any signs of dyspnea
- Any signs of mental status change

**Technician may return to the incident if appropriate rehydration has occurred and the following vital sign criteria are met.**

- Heart rate < 100
- Systolic BP between 100 and 160
- Diastolic BP < 90
- Oral temperature < 98.6°F (37.0°C)

***Any technician with an estimated core temperature greater than 103°F (39.4°C) with signs or symptoms of heat illness should immediately receive 1 – 2 liters of 0.9 NS IV and be transported to the emergency department. Consider cold water immersion followed by rapid transport and intravenous fluids for any technician with a core temperature over 104°F (40°C). Confirm this temperature rectally if possible***